**PLAY GROUPS AND PARENT SUPPORT GROUPS IN ST. HELENS**

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| **MONDAY** | **17.00 – 19.00 Momo’s Monday Club** for children with additional needs and/or social anxiety to make new friends, play and eat together at Momo’s Café CIC, Westfield St, St. Helens, WA10 1QJ.momoscoffeeshop@gmail.com Facebook: <https://en-gb.facebook.com/momoscafeandcoffee/>  |  |  |  |
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| **TUESDAY** | **12.45 – 14.45 ADDvanced Solutions Community Network Group** term-time only at The Wonderland Community Centre, Reflection Court, Canal Street WA10 3JQ - providing an opportunity for parents/carers of children with Neurodevelopmental conditions pre, during & post diagnosis, to share learning and experiences, to gain tools, confidence & knowledge to better meet the needs of the family. Drop in - no need to book. Phone: 01744 582172 info@addvancedsolutions.co.uk  | **18.30-19.30 Saints Angels Inclusive Cheer** dance group specifically for children and young people with additional needs at The Totally Wicked Stadium. No booking required. £4 per session. Nicola.egerton@saintsrlfc.com**18.00-19.00 Friends – Play for Disabled Children** signing and singing choir for children and young people age 4-25 at St Helens Town Hall. Term Time only. Contact Paula on 07806 924774[www.friendsplays.org.uk](http://www.friendsplays.org.uk)Email: info@friendsplay.org.uk | **18.30-20.00 Listen 4 Change Coffee Evening** for all parents/carers. Meets every other month, term-time only, at The Carer Clubhouse, Fishwick House, Cotham Street (opposite the Town Hall). Next meeting on 14th March. For more info, saradolan@sthelenscarers.org.uk  | **19.00-21.00 St Helens and District Dyslexia Association (SHADDA)** monthly drop-in meeting for Dyslexics and support providers at the Millennium Centre, Corporation Street WA10 1HJ every 3rd Tuesday of the month [www.shadda.org.uk](http://www.shadda.org.uk)Email: welcome@shadda.org.uk |
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| **WEDNESDAY** | **09:30 – 15:30 Portage Coffee Day** for parents/carers of children attending The Bridge Centre or who have previously attended. Generally meet first Wednesday of the month at The Bridge Centre Based at Moss Bank Children's Centre, Kentmere Avenue, WA11 7PQ Phone: 01744 673131.bridge@sthelens.gov.uk  | **10:00-12.00 Connect Coffee Morning** for parents/carers of children or young people with Special Educational Needs and/or Disability aged 0-25 years. Meets once a month on Wednesday at Momo’s Café, 64-68 Westfield Street, WA10 1QJ. For exact dates or further information, contact Klara on 01744 345003TL00113@icloud.com  | **18.00 – 20.00 Connect Junior Group** The group runs fortnightly on Wednesdays and is open to children aged 7-12 with social communication difficulties. Based at The Thompson Centre, Allanson Street Primary School, Gaskell Street, WA9 1PL. For exact dates, contact: Klara 01744 345003TL00113@icloud.com **19.00 – 21.00 Connect Youth Group** The group runs fortnightly on Wednesdays and is open to young people aged 11-25 with social communication difficulties. Based at The Thompson Centre, Allanson Street Primary School, Gaskell Street, WA9 1PL. For exact dates, email: aspergersthelens@hotmail.co.uk<https://www.facebook.com/Connectyouthgroupsthelens/>**18.00 – 19.30 I CAN Youth Club** for ages 8-16 on the 1st Wednesday of every month at The Deafness Resource Centre, 32-40 Dentons Green Lane, WA10 2QB Phone: 01744 23887 ICAN@deafnessresourcecentre.org Facebook: <https://www.facebook.com/DRCSTHELENS/>  | **18.30-20.00 Positive Autistic Living Support Meeting** for parents/carers of someone with autism. Generally, meets on the first Wednesday of each month at Ruskin Leisure Centre, Ruskin Sport Village. For exact dates contact: 07884436841positiveautisticliving@gmail.com Facebook: <https://www.facebook.com/people/Positive-Autistic-Living/100063806661815/>  |
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| **THURSDAY** | **10.30-12.30 Connect Coffee Morning** for parents/carers of children or young people with Special Educational Needs and/or Disability aged 0-25 years. Meets once a month on Thursday at Derbyshire Hill Family centre 228 Derbyshire Hill Road, Parr, WA9 2LU. For exact dates or further information, contact Klara on 01744 345003 orTL00113@icloud.com  | **9.00 – 14.30 AWAN Group** at Go Active Queens Park Leisure Centre.For age 16+ with additional needs for swimming, arts & crafts and other sporting activities. £9.90 per session. courtneydodson@sthelens.gov.uk or 01744 671717 | **10.00-13.00 Clair’s Parents Meeting Parents St. Helens** ADHD Support Group for parent/carers generally meets monthly at The Millenium Centre. Contact: 07480 824868Clairsparentsmeetingparents41@gmail.com Facebook – Clair’s Parents Meeting Parents ADHD  | **16.00-19.00 Youth Club** at The Deafness Resource Centre, Dentons Green Lane, WA10 2QB. For young people age 11-18 who are deaf, hard of hearing or have communication difficulties. Contact 01744 23887enquiries@deafnessresourcecentre.org |
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|  **FRIDAY** | **10.00-12.00 Listen 4 Change Coffee Morning** for all parents/carers. Generally meets the first Friday of each month, term-time only, at The Carer Clubhouse, Fishwick House, Cotham Street (opposite the Town Hall). Next meeting on 3rd February and 3rd March. For more info, email Saradolan@sthelenscarers.org.uk | **18.30-20.30 ADHD Youth Group** for children and young people up to 25. Meets once a month at Park Farm Community Centre.Clairsparentsmeetingparents41@gmail.com Facebook – Clair’s Parents Meeting Parents ADHD | **10.30 – 11.30 Momo’s Autism & ADHD Coffee Morning** for adults to meet new friends. Meets on the first Friday of each month at Momo’s Café CIC, Westfield St, St. Helens, WA10 1QJ.momoscoffeeshop@gmail.com Facebook: <https://en-gb.facebook.com/momoscafeandcoffee/>  |  |
| **SATURDAY** | **10.00-12.00 Happy Hands** every 3rd Saturday of the month for children with deafness or communication difficulties at The Deafness Resource Centre, 32-40 Dentons Green Lane, WA10 2QB 01744 23887 enquiries@deafnessresourcecentre.org |  |  |  |
| **OTHERS** | **Friends – Play for Disabled Children** offers a wide variety of play and social opportunities for all children with a disability or additional needs and their families.[www.friendsplays.org.uk](http://www.friendsplays.org.uk)Email: info@friendsplay.org.ukFacebook: Friends – Play for Disabled Children Events**The Big Chat** Young People’s SEND Voice Group for age 11-25 to have fun, make friends and have their voice heard to help make life better for young people with SEND in St.Helens. Meets virtually on MS Teams. elizabethbarr-jones@sthelens.gov.uk Phone: 01744 671046 | **Connect Toy and Leisure Library Service offering free hire of a wide range of sensory and educational toys and products. See the catalogue at** [www.connectparents.org.uk/](http://www.connectparents.org.uk/)or T0113@icloud.com **Building the Basics** autism training provider[www.buildingthebasics.co.uk](http://www.buildingthebasics.co.uk/)**Inspire to Aspire** autism support groupFacebook: Inspire to Aspire Autism Support UK | **Regional Cerebral Palsy Football**<http://www.cpunited.co.uk/>**Tumbles Gymnastics – Leigh**[www.tumbles-gymnastics.co.uk/classes](http://www.tumbles-gymnastics.co.uk/classes)**DS Active – Regional activities for people with Down’s Syndrome**[www.dsactive.org.uk/near-you/](http://www.dsactive.org.uk/near-you/) |  |

**Please note meeting times, dates and venues are subject to change so it is always best to check with the groups directly. Some of the groups have a cost. To find out more contact the group.**

Correct at the time of printing January 2022