



NW SEND Regional Network Newsletter

April 2023

The network is keen to provide support for children, families and practitioners. Please don't hesitate to get in touch with any queries you may have. If you would like to be added to the newsletter circulation list, just send an email to the address below.

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SHARING PRACTICE ACROSS THE NORTH WEST

Bitesize Poverty Proofing workshops on Teams

15.5.23 12.30 – 1.30pm

16.5.23 12.30 – 1.30pm

17.5.23 12.30 – 1.30pm

18.5.23 4 – 5pm

19.5.23 12.30 – 1.30pm

This workshop is aimed at staff who work with children, young people and their families with long term conditions, such as asthma, diabetes and epilepsy and how poverty affects their health. The workshop will include:

- introduction to poverty
- poverty proofing in a health care setting
- why poverty is a problem for CYP and their families managing long term conditions • what you can do to help.

Open to all that work with Children, Young People and their families, including Health Visitors, School/ SEND staff, Paediatric Staff, Specialist Nurses, Doctors. Please only book once as each workshop is the same.

Book: england.nwcyp@nhs.net

18.4.23 What does good system working look like for SEND Children, Young People and their Families?

This is the 3rd Healthy Child Programme Learning Workshop. Via Teams. Building on the previous two workshops, held in July 2022 and October 2022, the 3rd workshop will focus on good system working and explore the ambition that SEND is everybody's business. Key presentations and discussion will take place on innovative system working and co-production. Ensuring that we explore and maximise all opportunities to strengthen system working and co-production at Place and Region.

Agenda:

1. School Readiness and Health Inequalities Presentation
2. What is good system working?
3. SEND System Navigation
4. Partnership System Working
5. Effective Co-Production across the System

Attendees:

Invitations have been sent to the Healthy Child Commissioning Leads, Healthy Child Provider Services and Designated Clinical Officers across the North West.

Eventbrite link: [Healthy Child Programme Learning Workshop](#)

5.7.23 10 – 4pm North West Transition and Preparation for Adulthood Conference, Imperial Hotel, Blackpool

The NW CYP transformation team are excited to host the North West Transition and Preparation for Adulthood conference.

This is the ideal opportunity for system leaders to listen to the voice and experience of young people with SEND and their families about the issues they face as they prepare for adulthood and are enabled.

The aim of the day is to support North West system leads in the design and delivery of effective transition and preparation for adulthood pathways informed by the lived experience and voice of young people and families with SEND.

The conference will facilitate wider opportunities for professional groups engaged in commissioning and delivering services to come together with young people to consider how improvements can be made to current provision to ensure young people are supported to lead fulfilling lives.

[PowerPoint Presentation \(mcusercontent.com\)](#)

EVENTS

18.4.23 Caldicott principles and information sharing

Healthcare Conferences UK in association with Christopher Fincken, Independent Member UK Caldicott Guardian Council, (Chairman 2012-2017) are pleased to announce this second National Conference which will focus on Information Sharing and Caldicott Principles in the health and social care of children and young adults. This conference will focus on developing your role in improving communication and information sharing around children and young people whilst ensuring patient confidentiality.

[Caldicott principles & information sharing - Children & Young People - edpsy.org.uk](#)

20.4.23 National 0-5s Mental Health Shared Learning Webinar

The focus of the webinar will be **0-5s mental health**, specifically around the importance of early years mental health as well as sharing case study examples, including good practice and overcoming implementation challenges and an update on the Start for Life and Family Hubs programme.

The webinar is free to attend, and especially pertinent to those working within Children and Young People Mental Health Services, Parent-Infant Mental Health Services and Specialist Community Perinatal Mental Health Services, as well as those in commissioning roles, and also services and organisations working within or complementing the children and young people's mental health pathway.

[Register for the webinar using this link.](#)

You will need to register for the webinar in order to receive an invite. If you have any questions, please email ENGLAND.PerinatalMH@nhs.net.

24.4.23 Learning DNA-V: The Acceptance and Commitment Therapy (ACT) youth model

Delivered by world renowned psychologist and trainer, Dr Louise Hayes, this workshop focuses on supporting young people aged 11 to 18 to grow and thrive, through the popular and evidence-based DNA-V model (Hayes & Ciarrochi, 2015, 2021).

DNA-V is a developmentally informed version of the Acceptance & Commitment Therapy (ACT) model. The model offers a whole person-in-context, scientifically grounded approach that allows you to confidently use evidence-based processes to help young people face struggles and develop to their full potential. DNA-V is a robust human change model that combines biological theories of adaptation, acceptance and commitment practices and positive psychology into an easily understood and applied model. It is the culmination of 20 years of work by experts in the field of youth development.

[Learning DNA-V: The Acceptance & Commitment Therapy for youth model - edpsy.org.uk](https://edpsy.org.uk)

24.4.23 10.30 – 12.30 Autism and ADHD online workshop

To book www.autismahandsonapproach.co.uk/ADHDworkshop

25.4.23 Contact workshop for practitioners who work with parent carers of children with additional needs and disabilities

The workshop will help you understand more about the parent carer experience and learn strategies to help you work more effectively with them. It will:

- Increase understanding of disability, including hidden disability
- Improve awareness of the effect of disability on the whole family
- Enable more effective communication with parent carers
- Help you get off to a better start with parent carers

You'll also be able to share experiences with other practitioners and access support from our experienced trainer.

[Workshops for Practitioners | Eventbrite](#)

26 April 2023, 12-1 pm See Hear Act: Taking a closer look at the impact of domestic abuse on early childhood

[See Hear Act: Taking a closer look at the impact of domestic abuse on early childhood. Women's Aid Federation NI](#)

26.4.23 4 – 5pm Long Covid in Schools and Colleges

This is a free, online seminar to inform schools and colleges about long COVID in children and teenagers is aimed at SENCOs, school nurses, pastoral care, teachers, etc. It will be a joint seminar by a Paediatrician, physiotherapist, occupational therapist and a clinical psychologist.

Referral information will be aimed at the local patch (Buckinghamshire, Oxfordshire, Berkshire) of those delivering, the rest of the seminar contains generic information.

At the end of the seminar, you will know more about:

- What is long COVID?
- Consequences of long COVID – medical, musculoskeletal, psychological, academic
- Recovery from long COVID
- Return to school / staying in school
- Support / Accommodations by school – what schools can do to help
- Referrals to long COVID services (information targeted at Buckinghamshire / Oxfordshire / Berkshire)

This seminar is jointly organised by the long COVID service at the Children's Hospital, Oxford and the Medical Needs in Schools Project.

Please book your ticket here:

<https://www.eventbrite.co.uk/e/long-covid-in-schools-and-colleges-tickets-542644884457>

For more information, please email Konrad.jacobs@ouh.nhs.uk

27.4.23 Eating Disorders Summit 2023: Improving access, treatment and recovery

This conference focuses on Eating Disorders: improving access, treatment and recovery outcomes, and meeting the national standards for children, young people and adults. There is focus on early intervention and a new extended session focusing on Managing Medical Emergencies in Eating Disorders following the 2022 Medical Emergencies in Eating Disorders National Guidance.

[Eating Disorders Summit 2023: Improving access, treatment & recovery - edpsy.org.uk](https://edpsy.org.uk)

3.5.23 Priorities for children and young people's health in England

Policy and key issues, Family Hubs, post-pandemic service recovery, poverty and cost of living impacts, mental health, early years, and digital health and data

[Westminster Forum Projects | Priorities for children and young people's health in England - policy and key issues, Family Hubs, post-pandemic service recovery, poverty and cost of living impacts, mental health, early years, and digital health and data](#)

17.5.23 7 – 8.30pm A Therapist's Journey- Working with the Impact of Trauma and Autism workshop

To book www.autismahandsonapproach.co.uk/a-therapists-journey/

17.5.23 Coaching for Change – online

[Coaching for Change - edpsy.org.uk](https://edpsy.org.uk)

13.6.23 10 – 1pm Making Participation Work Practitioners' Conference, on-line

As part of the Department for Education funded [Making Participation Work](#) programme the [Council for Disabled Children](#) are delivering their next national practitioner's conference on Tuesday 13th June 2023. The conference brings together participation, co-production, engagement practitioners, and strategic managers to discuss how SEND youth voice and engagement plays a role in developing quality local area provision

Making Participation Work's learning events are for professionals and practitioners designing and delivering participation and co-production at a strategic level across children and young people's health, education, and social care.

Attendees will select two workshops to attend from a variety of topics, and a plenary session, all focusing on giving participants more tools for engaging with children and young people with SEND. It will be a fantastic opportunity to connect and develop knowledge and skills! The event will be interactive and attendees will be able to contribute via discussion and online tools.

Workshops will be announced in the coming weeks, keep an eye out for an email inviting you to make your workshop selections using a Google Form, these will be allocated on a first-come-first-served basis.

If anyone is concerned about accessibility, engaging during workshops, or their computer skills please do get in touch so CDC can be mindful of access needs and inclusion.

The conference will be held online via Zoom. The deadline for sign-ups is 15.5.23.

You can register for the conference via this link: [Making Participation Work Practitioner's Conference Tickets, Tue 13 Jun 2023 at 10:00 | Eventbrite](#)

14.6.23 9– 4.45pm Transforming Transition. Turning Theory into Practice – Online

Meeting the needs of all young people with long term conditions.

This event will be of interest to all professionals working with young people who have a long-term condition, including those with complex health needs in children's or adult health services, hospice, social care or educational setting.

[7th National Annual Transition conference Tickets, Wed 14 Jun 2023 at 09:00 | Eventbrite](#)

29.6.23 4 – 4.30pm Introducing the Five Foundations of Effective Attendance Practice Framework – online – Free

Wayne Harris is a Strategic Leader of Attendance for Washwood Heath MAT in Birmingham. Wayne will give a brief overview of this unique evidence-informed, DFE reviewed & child-centred attendance framework.

This webinar will be of interest to school leaders, Educational Psychologists and anyone interested in developing whole school approaches to supporting pupils.

[EP Reach-Out webinar - Introducing the Five Foundations of Effective Attendance Practice Framework with Wayne Harris - edpsy.org.uk](#)

4.7.23 The SEND Summit: Policy Reform & Practice Impact

London

[SEND summit 2023 - Programme](#)

31.7 – 6.8.23 Para swimming world championships

Manchester

[Manchester 2023 Para Swimming World Championships | British Swimming](#)

27 September 2023, 12-1pm Look, Say, Sing, Play

[Look, Say, Sing, Play - empowering parents to change everyday moments into brain-building ones. NSPCC](#)

2 – 5.10.23 ADOS2 Administration and Coding Course Bristol (or live online)

This is a hybrid course meaning you can choose to attend in person or join virtually via Zoom and Vimeo.

ADOS-2 is the latest revision of the Autism Diagnostic Observation Schedule, and has been adapted to anticipate the changes to the diagnostic definitions of DSM-5. The ADOS is the most widely used observational assessment in the diagnosis of autism spectrum disorder, for both clinical and research purposes. It is often described as the “Gold Standard” research assessment for autism.

Courses take place over 4 days for Modules 1 to 4. Trainees will become familiar with the administration and coding of each of these modules through watching and coding videos of the ADOS, and through discussion with our highly experienced, expert trainers. Trainees will also have the opportunity to practice various tasks, and explore the materials and toys provided with the ADOS-2 kit.

To find out more: [ADOS2TRAINING.CO.UK - ADOS2 Training Courses](#)

25.10.23, 12-1pm Pregnancy in Mind

[Pregnancy in Mind \(PiM\) - a mental health service for parents-to-be. NSPCC](#)

29.11.23, 12-1pm Perinatal mental health service

[The Perinatal Mental Health Service - providing care to mothers who are diagnosed with moderate to severe mental health conditions - SHSCT](#)

The ADHD Foundation: Neurodiversity Charity is running a series of live-streamed training sessions for educational professionals.

The webinars are applicable to all key stages and phases of education, including sessions that are specific to Early Years, Primary and Secondary settings. They also offer webinars designed for new entrants to the profession and Teaching Assistants. All the webinars will begin at 3:45pm and finish at 5:15pm and will include an opportunity for Q&A.

How to register:

Please confirm your attendance to the webinar of your choice by following the relevant link below. This will take you to the event booking page, with a registration form to complete. You will then receive an email with instructions on how to join the webinar.

Can't attend? If you are unavailable to attend the live webinar, and would like access to a recording, please continue to sign up and you will receive a link after the session.

Thursday 20th April Understanding and Supporting Anxiety and OCD

[Registration \(gotowebsinar.com\)](https://gotowebsinar.com)

Wednesday 26th April Understanding and Supporting Attachment and Trauma

[Registration \(gotowebsinar.com\)](https://gotowebsinar.com)

Monday 8th May Practical Strategies to Support Neurodiverse Children and Young People

[Registration \(gotowebsinar.com\)](https://gotowebsinar.com)

Tuesday 16th May Girls, Young Women and ADHD

[Registration \(gotowebsinar.com\)](https://gotowebsinar.com)

Tuesday 6th June Creating an Enabling Environment for Neurodiverse Children in Early Years and Key Stage One Part 1

[Registration \(gotowebsinar.com\)](https://gotowebsinar.com)

Wednesday 21st June Reading and Writing Interventions for Neurodiverse Learners

[Registration \(gotowebsinar.com\)](https://gotowebsinar.com)

Thursday 6th July Creating an Enabling Environment for Neurodiverse Children in Early Years and Key Stage One Part 2

[Registration \(gotowebsinar.com\)](https://gotowebsinar.com)

Infant Mental Health Lunchtime Learning Sessions

The National Children's Bureau and the Public Health Agency Northern Ireland have organised a series of sessions on supporting infant mental health. Sessions are free and taking place each month until November 2023.

[IMH Lunchtime Learning Events | Eventbrite](#)

POLICY PAPER: SEND AND ALTERNATIVE PROVISION IMPROVEMENT PLAN

Right support, right place, right time

This document sets out the Department for Education's plans to change the special educational needs and disabilities (SEND) and alternative provision system in England. It follows the SEND and alternative provision green paper which was consulted on in March 2022. Key points include:

- The foundation for the new nationally consistent SEND and alternative provision system will be new evidenced-based National Standards.
- Standards will improve early identification of needs and intervention, and set out clear expectations for the types of support that should be ordinarily available in mainstream settings.
- It is intended that more children and young people will receive the support they need through ordinarily available provision in their local setting. Fewer will therefore need to access support through an Education, Health and Care Plan (EHCP).

[SEND and alternative provision improvement plan - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/policies/send-and-alternative-provision-improvement-plan)

GUIDANCE:

Supporting people with a learning disability and autistic people to live happier, healthier, longer lives: bitesize guide for local systems

This guide draws together resources and provides a one stop shop for professionals who put in place services and approaches to support children, young people and adults who have a learning disability or who are autistic to lead healthier, happier, longer lives

[NHS England » Supporting people with a learning disability and autistic people to live happier, healthier, longer lives: bitesize guide for local systems](https://www.nhs.uk/healthcareprofessionals/learning-disability-and-autism/supporting-people-with-a-learning-disability-and-autistic-people-to-live-happier-healthier-longer-lives-bitesize-guide-for-local-systems)

SEND AREA INSPECTION FRAMEWORK

Following the publication of the new area SEND inspection framework on 29 November, Ofsted, DfE, NHSE and CQC delivered four national virtual roadshows between 11-13 January.

Information was shared about the key changes under the new framework, how evidence was gathered on inspection and there was an update on the SEND green paper reforms. Plans for carrying out thematic visits were also touched on, that will focus on alternative provision this year. If you missed the live sessions, you may watch the recording here <https://youtu.be/kLtjWfTYy9M>. The presentation slides of the session are available here on SlideShare <https://www.slideshare.net/Ofstednews/new-area-send-framework-webinar-pptpptx>.

FOCUS: FAMILY FUND – GRANT AVAILABILITY

Family Fund grants are available for families on a low income, raising a child or young person aged 17 or under with a long-term disability, disabling condition or life-limiting illness. The fund has also introduced a new grant for young people. If you are the main carer of a disabled young person aged 18 – 24, who lives at home, you could be eligible for a [Your Opportunity](#) grant. Grant examples include: laptop or tablet, club membership, day trip, a musical instrument.

[Your Opportunity: Help for 18-24 year-olds | Family Fund](#)

REPORTS:

Hewitt Review: An independent review of Integrated Care Systems

The Hewitt Review was published on 4.4.23 you can read the full report here.

<https://www.gov.uk/government/publications/the-hewitt-review-an-independent-review-of-integrated-care-systems>

NCB has published a response to this which pulls out some of the questions raised in relation to babies, children and young people. <https://www.ncb.org.uk/about-us/media-centre/news-opinion/ncb-response-hewitt-review>

Being Well, Being Equal

Spark Inside has published its report, Being Well Being Equal, which highlights the disproportionate numbers of young adults in custody that are neurodiverse. It challenges the need to focus more on the wellbeing of young men in custody and in particular, highlights the experiences of young Black men, who are significantly overrepresented in the prison system.

[BWBE Report Final V.2 - DIGITAL Spreads REDUCED 21-02 1.pdf \(sparkinside.org\)](#)

Safe and Wellbeing Reviews - Thematic Review and Lessons learnt Report

This report is a thematic analysis which has been used to inform the [Dynamic Support Register and Care Education and Treatment Review Policy and Guidance](#) and to inform the work of the [Mental Health, Learning Disability and Autism Quality Transformation Programme](#). Learning from the reviews will continue to be used to shape the work being delivered and any further guidance.

[Safe and Wellbeing Reviews: Thematic Review and Lessons Learnt Report](#) NHS England

Children's Mental Health Services 2021-22 Children's Commissioner, March 2023
[Childrens-Mental-Health-Services-2021-2022-1.pdf \(childrenscommissioner.gov.uk\)](#)

Why are we stuck in hospital?

The [University of Birmingham](#) and the rights-based organisation, [Changing Our Lives](#), have conducted a joint project to better understand the experiences of people with learning disabilities and/or autistic people in 'long-stay' hospital settings.

Using this knowledge, they have created practice guides and training materials to support new understandings and new ways of working. SCIE have supported the project by creating training videos to disseminate the outcomes from the project to the health and social care sector.

['Why are we stuck in hospital?' LD & autistic people | SCIE](#)

What we have learnt in the first six months of the national Deprivation of Liberty court?

[What have we learnt in the first six months of the national DoL court? - Nuffield Family Justice Observatory \(nuffieldfjo.org.uk\)](#)

Supporting High Quality Peri-natal Mental Health Care

The [Institute of Health Visiting and the Maternal Mental Health Alliance has published a new resource](#) to enable and inform high-quality, compassionate care for families impacted by perinatal mental health (PMH) problems. This collaboration began from a shared desire to encourage and embed good PMH practices within services supporting women, babies, and their families. This new resource highlights why improving PMH care is crucial, what good care looks like to practitioners and families with lived experience and ten best practice principles.

[Supporting High Quality Perinatal Mental Health Care FINAL VERSION 01.03.23.pdf \(maternalmentalhealthalliance.org\)](#)

RESEARCH

A Difficult Balance: Challenges and Possibilities for Local Protocols to Reduce Unnecessary Criminalisation of Children in Care and Care Leavers

A paper published in the Youth Justice journal and led by Manchester Metropolitan University has called upon local authorities to seek alternative solutions to what it describes as "the unnecessary criminalisation of some of the most vulnerable children and young people in society".

[A Difficult Balance: Challenges and Possibilities for Local Protocols to Reduce Unnecessary Criminalisation of Children in Care and Care Leavers - Katie Hunter, Claire Fitzpatrick, Jo Staines, Julie Shaw, 2023 \(sagepub.com\)](#)

FOCUS: EMOTIONALLY BASED SCHOOL AVOIDANCE

Resources from Anna Freud Centre

Webinar: [Addressing emotionally-based school avoidance \(annafreud.org\)](#)

Seminar: [\(111\) Understanding emotionally based school avoidance seminar - YouTube](#)

Video: [Healthy coping strategies: video for young people : Mentally Healthy Schools](#)

TRAINING

Bradford Down Syndrome charity online training for health staff

This is a package of [five training modules](#) to support health staff improve their practice and raise expectations for children who have Down syndrome. Each of the training modules takes just 15 to 20 minutes to complete and includes meeting a baby with Down syndrome and their parents, expectations and appropriate language, health and medical needs that a baby might have and ways of supporting a child as they develop. The training is delivered by Wendy Uttley who founded the charity 23 years ago following the birth of her son who has Down syndrome.

Department for Education early years child development training

The Department for Education has launched a free online child development training course aimed at childminders, nursery practitioners and nursery managers. The first four modules of the training are available now. The training provides an overview of child development and gives practical advice for supporting the development of children in early years settings. Further modules will be added throughout 2023.

[Early years child development training : Home page \(education.gov.uk\)](#)

Department for Education early years leadership qualifications

The National Professional Qualification in Early Years Leadership (NPQEYL) is a free, high quality and evidence-based leadership course provided through the Department for Education. The qualification is designed for current and aspiring leaders in nurseries, childminder settings and school-based nurseries. Current and aspiring leaders can apply for the NPQEYL programme via DfE-approved providers on the DfE website. The next cohort will begin in October 2023.

[Early years leadership NPQ \(education.gov.uk\)](#)

Early Years Professional Development Programme

The Early Years Professional Development Programme (EYPDP) is now accepting applications for the latest phase of the training, beginning September 2023. The flexible study programme offers a high quality CPD programme across England facilitated through online self-study and regular webinars. Areas covered include: • Early communication and language; • Early mathematics; • Personal, social and emotional development (PSED). The training is designed for childminders and early years practitioners, qualified to Level 3 or above, who regularly work with disadvantaged children aged two to four (*eligibility criteria apply). To find more information on eligibility and how to apply please visit the EYPDP website. [Early Years Professional Development Programme – Currently registering interest for February 2023 starts and beyond \(earlyyearsdpdp.com\)](#)

FOCUS: INVOLVING CHILDREN AND YOUNG PEOPLE IN SERVICE SHAPING

RCPCH &Us is the voice of children, young people and families for the Royal College of Paediatrics and Child Health.

They have shared their approach, resources, tips and examples in a short module aimed at providing guidance on involving children and young people in service shaping. The course looks at engagement foundations, children's rights, the benefits and costs of engagement, why engagement matters and looks at how to provide creative and inclusive engagement opportunities. The module is led by RCPCH &Us, with the KZ Partnership and is available free [Module 3 – Involving Children and Young People in Your QI Journey – QI Central \(rcpch.ac.uk\)](#)

Skills builders for working with young people

The Association of Young People's Health has a range of new courses to support with developing skills, confidence and competence in working with young people including:

- Facilitation skills for designing and delivering safe, fun and creative workshops for young people
- Ethical practice in engagement with young people, focusing on supporting those leading research about young people's health who are keen to involve young people
- Youth mental health first aid, giving workers an understanding of young people's mental health and factors that affect wellbeing.

RESOURCES

Transitions in the early years

Managing change can be challenging for children with SEND & their families, especially in the early years when moving from a home environment to a nursery or school setting. Dingleys Promise have created a set of tools to support children, families & settings through an 'Entry Exit Pathway'. These include:

- A pathway monitoring tool
- Child progress reference chart
- Family self-assessment survey
- Guidance and information sheets on the benefits of inclusion
- Transition measurement tools.

[Entry Exit Pathway.pdf \(councilfordisabledchildren.org.uk\)](https://www.councilfordisabledchildren.org.uk/entry-exit-pathway.pdf)

New Talking Therapies for Anxiety and Depression video

A new video explaining how to self-refer to NHS Talking Therapies services has been published on the NHS.uk website and YouTube channel. The video also explains what will happen after referral and what types of treatments are offered.

[Visit this page](#) and scroll down to the bottom. Feel free to use the video or signpost to it in your own channels.

Video – The ATTEND framework – Supporting school attendance

The ATTEND Framework was developed within Brighton and Hove City Council as an early intervention programme for school-aged pupils between 5 and 16 years when attendance drops below 90%. It aims to identify all of the contributing factors when attendance is low. The ATTEND Framework is not intended as an open checklist but a way to frame a conversation, or series of conversations, with a family within a trusting and collaborative relationship.

[ATTEND Framework | BEEM](#)

New 'one-stop shop' for mental health treatment options

The Anna Freud Centre has launched '[Understanding treatment options](#)', a pioneering new, digital one-stop shop that lists the effective treatment options for young people with a range of mental health and neurodevelopmental conditions.

This comprehensive [web-based resource](#) is unrivalled in its depth and breadth. It is informed by the latest clinical research and UK medical guidelines and tailored specifically for and addressed directly to young people.

Co-produced by clinical professionals and young people themselves, these webpages give 12–17 year olds (and younger children with adult support) – as well as their parents and carers – a guide to the treatment options that are proven to be most effective.

'[Understanding treatment options](#)' consists of webpages for 18 mental health and neurodevelopmental conditions including anxiety, depression and OCD, as well as neurodevelopmental conditions such as ADHD and Tourette's syndrome. Each page gives an overview of the condition and describes its symptoms. It also explains to young people – and those supporting them – how to get help, what treatments are effective, how parents and carers might be involved in treatment, and information on transition between youth and adult services.

Visit '[Understanding treatment options](#)'

Supporting healthy relationships among parents with mental health difficulties: A practical guide

This practical guide has been developed to improve understanding of how risk factors among parents with mental health difficulties can impact on parental conflict and in turn on child outcomes, how to effectively engage these parents, what evidence-based support can be offered, and how to appropriately assess progress for these families.

[Supporting healthy relationships among parents with mental health difficulties: A practical guide | Early Intervention Foundation \(eif.org.uk\)](#)

UK Trauma Council resources: Critical incidents in educational communities

The UK Trauma Council and the Anna Freud Centre has published free 'Critical Incidents for Educational Communities' resources, developed by staff working with children and young people in educational settings. This resource provides evidence-based support to assist leaders in managing the impact of critical incidents, such as the serious injury or death of a child, young person or member of staff. It contains easy-to-use policy templates, staff training and lesson plans.

[Critical Incidents in Educational Communities - UKTC \(uktraumacouncil.org\)](#)

FREE “Get ready for secondary school” courses for Year 6 students

Get ready for Secondary School is a transition course developed by Afasic in collaboration with parents, students with speech, language and communications needs (SLCN), teachers and speech & language therapists. It aims to help students build their confidence, develop skills and strategies, and get excited about Year 7!

Afasic supports schools and/or SLT services to provide these course by offering:

- Full Programme of activities and resources for students with SLCN transitioning to Y7
- A contribution to Staff payments
- Other costs such as stationary packs for the students, food and snacks, trips etc
- Put you in touch with people who've done a course before
- Recruiting Volunteers to support the course
- Discuss and answer queries at any point in your planning.

If you are a professional working with children with SLCN and would be interested in organising a transition course in your local area, want to volunteer or have a child that might benefit, please contact tiap@afasic.org.uk

or click below for more information.

[Our projects & services - Afasic](#)

FOCUS: JOURNEYS FROM CCGs TO ICBs

On the 21st of March 2023, CDC ran a national webinar on the Journeys from CCGs to ICBs. The webinar was aimed at health professionals who work with children with SEND and strategic leads (SEND Leads, Children's Health Commissioners, DCO/DMOs, DSCOs), as well as parent/carer forum representatives.

The webinar consisted of an introduction from Dame Christine Lenehan, Director of the Council for Disabled Children; a presentation by Andrew Fellowes, Assistant Director at CDC; Lea Pickerill, Children's Services Inspection Team Manager from CQC; Alison Stewart, Head of SEND in South West London ICS; and Michelle Sherlock, DCO for SEND Nottingham & Nottinghamshire.

The presenters talked about the SEND and ICBs, Learnings from Local Area SEND Inspections, and work in progress around SEND within the ICS; and after each presentation there was time allocated for a Q&A.

You can watch the recording and download the slides from the webinar on the [CDC website](#).

<https://councilfordisabledchildren.org.uk/resources/all-resources/filter/inclusion-send/cdc-webinar-clinical-commissioning-groups-integrated>

OPPORTUNITIES

Calling all engagement projects

RCPCH &Us are looking for projects with children and young people, or parents/carers who are actively involved in improving health services for children and young people. 20 projects will be chosen to have posters at the Royal College of Paediatrics and Child Health Conference where your project could be showcased to over 800 paediatricians, nurses and child health workers. To tell them about your project complete the form by 19 April 2023 [RCPCH Conference 2023 - Children and Young People's Engagement Projects \(office.com\)](#)

SEND training for Level 4 health professionals

CDC is developing a SEND training for Level 4 health professionals which will be aligned with the SEND Training Assurance Framework for Health

Professionals: <https://councilfordisabledchildren.org.uk/resources/all-resources/filter/health/special-educational-needs-and-disability-send-training>

CDC have developed a draft outline based on the views shared at focus groups and would now like to get your views on whether it will meet your training needs.

The focus group will be on April 19th from 11.00-12:30 and it will be held online.

If you are interested to share your views with us, please register through this link: <https://www.eventbrite.co.uk/e/level-4-health-professional-focus-group-on-developing-a-send-training-tickets-597864838827>

Feel free to share the link with your colleagues who are Level 4 health professionals (ICB Executive Lead for SEND, Senior Responsible Officer for SEND, Senior Children's Commissioning team, GPs with clinical leadership in SEND, Senior Managers in health providers e.g. Lead for SEND, senior CYP's Specialist Service Managers.)

NEW PARTNERSHIP OPPORTUNITY FOR EXISTING YOUNG PEOPLE'S GROUPS

[Making Participation Work](#) creates spaces for children and young people with special educational needs and disabilities to influence decision making at a strategic level. As part of the programme, the [Council for Disabled Children](#) (CDC) are looking to partner with a small number of existing groups of children and young people, whether a youth group, a class at school, an after-school club, or a participation group, to work alongside [FLARE](#). FLARE are the young advisors to the Department for Education supported by CDC.

This partnership will give opportunities to the children and young people you work with and support them to feed in directly to the Department for Education.

What does the partnership involve?

The partnership is 1 year, and your group would commit to 6 x 1-hour sessions a year which would coincide with the dates of FLARE's meetings. The dates of the sessions are: May 2023, July 2023, September 2023, November 2023, January 2024, and March 2024.

CDC will support the group and the group leader to deliver the same activities that the FLARE group participate in, and the information gathered from the activities will then be collated and sent to the SEND team at Department for Education and form part of our work to develop best practice for the ongoing implementation of the SEND reforms.

We are looking specifically to partner with groups of up to 14 young people with SEND who are particularly seldom heard. This might be:

- A group whose members are predominately Black, Asian and from other minority ethnic groups

- A group of 7-11-year-olds
- A group of young people who have sensory or communication support needs.

What do you need to do?

The session material and activities would be fully prepped by CDC. If the session is online, the session can be delivered by the group leader or by CDC staff. Face to face sessions would be delivered by the group leader.

The topics of the sessions are set jointly by the FLARE group and the Department for Education and are all related to the implementation of the SEND reforms.

This is an amazing opportunity for the young people you work with to contribute to strategic decision making in Government and to develop a range of skills that they can use and evidence as they move through their academic career and into adulthood!

Please follow this link to access the application form: <https://buff.ly/3Ke1ofQ>

Expressions of interest close **Monday 1st May 2023**.

OTHER NEWSLETTERS:

Afasic online updates:

[Afasic Online Updates - Free 'Get ready for secondary' Courses \(mailchi.mp\)](#)

Anna Freud Learning network:

[New 'one-stop shop' for mental health treatment options \(mailchi.mp\)](#)

Anna Freud Centre: Family hubs in mind

[Family Hubs in Mind, March 2023 \(mailchi.mp\)](#)

Autism news:

Feb: [Autism Newsletter \(mailchi.mp\)](#)

Mar: [Autism Newsletter \(mailchi.mp\)](#)

Autism Practice: Criminal Justice

[Neurodiversity in the criminal justice system \(nas-email.org.uk\)](#)

Children and young people newsletter:

[CYP Monthly Newsletter February 2023 \(govdelivery.com\)](#)

Children's Commissioner for England news:

Council for Disabled Children newsletter:

[Your February newsletter is here! \(mailchi.mp\)](#)

[Your March newsletter is here! \(mailchi.mp\)](#)

Foundation Years newsletter:

[Foundation Years newsletter - February 2023 \(mailchi.mp\)](#)

Greater Manchester and East Cheshire Children and Young People monthly newsletter

[CYP Monthly Newsletter February 2023 \(govdelivery.com\)](#)

Health, adult social care and ageing bulletin:

[Health, adult social care and ageing bulletin: February 2023 \(govdelivery.com\)](#)

[Health, adult social care and ageing bulletin: April 2023 \(govdelivery.com\)](#)

LuCiD March newsletter:

[LuCiD March 2023 Update \(mailchi.mp\)](#)

Making Ourselves Heard news:

[March Making Ourselves Heard \(mailchi.mp\)](#)

Mental health, learning disability and autism bulletins:

<https://mentalhealthlda.cmail19.com/t/d-e-zhltddt-tljtbjtz-jh/>

<https://mentalhealthlda.cmail20.com/t/d-e-zhddjg-tljtbjtz-ji/>

<https://mentalhealthlda.cmail19.com/t/d-e-zkydytk-tljtbjtz-ju/>

nasen Connect:

[Cathy, March's nasen Connect is now available! ☑ \(ddlnk.net\)](#)

nasen's newsletter:

[Your monthly nasen member newsletter \(ddlnk.net\)](#)

National Children's Bureau, Early Childhood Unit bulletin:

[Latest news and information from the Early Years Sector \(mailchi.mp\)](#)

National Literacy Trust news:

[Welcome to a new month with National Literacy Trust \(mailchi.mp\)](#)

NFER Direct:

[NFER Direct March 2023 \(ddlnk.net\)](#)

NICE news for Health and Social Care:

[NICE News for Health and Social Care | March 2023 \(mailchi.mp\)](#)

North West Children & Young People's Transformation Programme newsletter:

[NW CYP Transformation Newsletter - March 2023 \(mailchi.mp\)](#)

[North West CYP Transformation Newsletter - April 2023 \(mailchi.mp\)](#)

Ofsted news:

[Ofsted News - Issue 120 - February 2023 \(mailchi.mp\)](#)

RCPCH &Us news:

[RCPCH Engagement Collaborative - March 2023](#)

Schools in Mind newsletter:

[March newsletter: celebrating neurodiversity \(mailchi.mp\)](#)

Social Care Institute for Excellence: scieline

[Co-production Survey. SCIELine 15 and 16 March](#)

Teacher Bulletin

[Teacher Bulletin: celebrating the Coronation of King Charles III and the Queen Consort \(govdelivery.com\)](#)

The Makaton Magazine

[Makaton Magazine - March / April 2023 \(informz.net\)](#)